



January 2022

Cereal Milk	3	Vanilla Yogurt Granola	4	Pancakes	5	Turkey Sausage Wrap (V) Veggie Sausage Wrap	6	Cheese Toast	7
Red Beans and Sausage (V) Red Beans w/Tomatoes Rice, Peaches, Milk		Breakfast for Lunch! French Toast Sticks Turkey Sausage Patty Mandarin Oranges, Milk		Chicken Soft Tacos (V) Bean and Cheese Tacos Lettuce, Tomato, Corn Applesauce, Milk		(V) Macaroni and Cheese Broccoli Mixed Fruit Milk		Meatball Sub (V) Veggie Meatball Sub Carrot Sticks Apple Slices, Milk	
Tortilla Chips Salsa		Veggie Straws Hummus		Bananas Cheerios		Pita Wedges, Cucumbers Cream Cheese		Fudge Stripe Cookies Milk	
Nutrigrain Bar		Animal Crackers		String Cheese		Fruit Pouch		Snack Variety	

Corn Chex Milk	10	Frozen Day Svens Waffles	11	Oatmeal Berries	12	Egg Patty Wheat Toast	13	Hashbrowns and Cheese	14
Cheese Pizza Sticks With Marinara (V) Corn Mandarin Oranges, Milk		Troll Rock Meatballs (V) MS Veggie Nuggets Mashed Potatoes Pears, Milk		Beef Stroganoff (V) Mushroom Stroganoff Carrot Coins Pineapple, Milk		(V) Cheese Quesadilla Pinto Beans Bananas Milk		Grilled Chicken Sandwich (V) MS Chicken Sandwich Cucumbers, Pickles Cantaloupe, Milk	
Turkey and Cheese Wrap		Reindeer Food Trail Mix		Oranges Animal Crackers		Salad, Tomatoes Ranch		Chocolate Cream Cookies Milk	
Cheez-its		Sun Butter and Pretzels		String Cheese		Applesauce		Snack Variety	

LeafSpring Closed	17	Vanilla Yogurt Berries	18	Waffles Syrup	19	Bean and Cheese Taco	20	Toast Wow/Sun Butter	21
		Chicken Terryaki (V) MS Chicken Terryaki Rice and Veggies Mixed Fruit, Milk		Beef Soft Tacos (V) Bean and Cheese Taco Beans, Lettuce and Tomato Baked Apples, Milk		(V) Baked Ziti Normandy Mix Tropical Fruit Milk		BBQ Chicken on Bun (V) MS Chicken Patty Sweet Potato Tots Orange Slices, Milk	
		Trail Mix - Goldfish, Chex, Raisins, and Pretzels		Tortilla Chips Salsa		Ritz Crackers Hard Boiled Eggs		Vanilla Cream Cookies Milk	
		Goldfish		Fruit Pouches		Graham Crackers		Snack Variety	

Kix Cereal Milk	24	Pancakes Syrup	25	Nutrigrain Bars Bananas	26	Egg Taco	27	English Muffins Jelly	28
French Toast Sticks Turkey Sausage (V) MS Sausage Applesauce, Milk		Meatballs and Rice (V) MS Meatballs and Rice Peas Mandarin Oranges, Milk		Chicken Tetrizzini (V) MS Chicken Nuggets Spinach Salad Pineapple, Milk		(V) Bean/Cheese Tostada Corn Pears Milk		Turkey & Cheese Sandwich (V) Cheese Sandwich Fresh Veggies Fresh Fruit, Milk	
Fresh Veggies Hummus		Ritz Turkey, Sliced Cheese		Apples Vanilla Wafers		Banana Slices Wow/Sun Butter, Raisins		Fruit Loops Milk	
Ritz Crackers		Cheez-Its		Pretzels		String Cheese		Snack Variety	

Life Cereal Milk	31
Chicken Nuggets (V) MS Chicken Nuggets Mashed Potatoes/Gravy Peaches, Milk	
Tortilla Chips Salsa	
Applesauce	